



AMAZON EXPEDITIONERS

NOMADIC SURVIVAL EXPEDITIONS

AMAZON SURVIVAL EXPEDITION			RATES IN US DOLLARS			
DURATION	DIFFICULTY LEVEL	AVAILABILITY	2 TRAVELERS	3 TRAVELERS	4 Travelers	5-6 Travelers
From 10 - 30 Days	Moderate - Challenging	Jan-Nov	200 Per Day Each	185 Per Day Each	165 Per Day Each	145 Per Day Each
From 31 - 60 Days	Challenging - Strenuous	Jan-Nov	220 Per Day Each	200 Per Day Each	185 Per Day Each	165 Per Day Each
From 61 - 90 Days	Challenging - Strenuous	Jan-Nov	240 Per Day Each	220 Per Day Each	200 Per Day Each	185 Per Day Each

- Seats and dates are not guaranteed until 50% reservation deposit payments are successfully received and processed.
- Be advised that any booking/cancellation transaction fees via credit/debit cards are assumed by each traveler.
- Rates for solo travelers are logistically calculated as follows: Total cost of 2 travelers minus 10%.
- Remaining balances will be collected in cash only on the day of your arrival in the city of Iquitos.
- Travelers who request to obtain a genuine experience in the middle of the Amazon with a Master Shaman experienced in conducting Ayahuasca ceremonies, it is recommended to make this decision right at the time of booking to include the Master Shaman with sufficient advance notice in our team for the last 3 to 7 days of our expedition. The additional daily fee payable per person to the Shaman is 60 USD.

STAFF STRUCTURE			STAFF SIZE
FRONT TEAM	MAIN TEAM	REAR TEAM	(7-14 MEMBERS APPROX.)
Designated for 45+ Days Expeditions	Lead Instructor/Satellite Operator	Designated for 60+ Days Expeditions	# (TBD)
Designated for 45+ Days Expeditions	Assistant Instructors/Navigators	Designated for 60+ Days Expeditions	# (TBD)
Designated for 45+ Days Expeditions	Hunters/ Security	Designated for 60+ Days Expeditions	# (TBD)
Designated for 45+ Days Expeditions	Boat Operators/First Responders	Designated for 60+ Days Expeditions	# (TBD)
TOTAL # (TBD)	TOTAL # (TBD)	TOTAL # (TBD)	GRAND TOTAL # (TBD)

DESTINATION:

Amazon Rainforest of Peru and Frontiers

AMAZON TERRITORY:

Ampiyacu-Apayacu, and Yaguas

ARRIVAL/DEPARTURE CITY AND AIRPORT:

Iquitos City (Coronel FAP Francisco Secada Vignetta)

ETHNIC GROUPS NEARBY AND CLASSIFICATION:

Bora, Witoto, Ocaina, and Yaguas (Sporadic Contacted and Permanent Contacted)

ACCOMMODATIONS:

Mosquito Nets

MAIN OBJECTIVE:

Amazon Survival

PHASES INVOLVED:

Preparation Phase, Training Phase, and Isolation Phase

DIFFICULTY LEVEL OPTIONS:

Moderate to Challenging and Challenging to Strenuous.

OPTIONAL SERVICES UPON REQUEST:

Hire Ayahuasca Master Shaman (The Last 3 - 5 Days of Your Expedition)

January - November

ADVANCE BOOKING CONDITIONS:

ASAP to Secure your Dates (We Only Operate With 2 Active Teams Per Month)

BOOKING PAYMENT CONDITIONS:

50% Required

BOOKING PAYMENT METHODS:

Credit/Debit Cards or Bank Transaction

REMAINING PAYMENT METHOD AND DEADLINE:

Cash at the Arrival Day in Iquitos

AVAILABLE DEPARTURE DAYS:

Wednesdays, Thursdays, and Saturdays

AMAZON SURVIVAL EXPEDITION (STARTING FROM 10 TO 90 DAYS LONG) - Very independent of the duration of each survival expedition we carry out, the first impression that every participant will experience is when they find themselves immersed in a very basic and indigenous lifestyle within very distant Amazonian territories. Here in these corners of the world, when both hunters and fishermen decide to isolate themselves from their families towards the depths of the jungle, and with the sole objective of supplying themselves with food to maintain their subsistence, the first thing they undergo is to go through an intense **"Preparation Phase"** that involves two fundamental parts. The first part of this preparation phase will consist of the cultivation of their lands, then their harvest, followed by a sustainable cyclic activity of replanting them, and as the culmination of this activity, a process of transformation of each of the products obtained. It will be in this process where very ancient knowledge will be used to convert many of these products into other different food variants, so that only then can they be consumed within indefinite periods, including cereals and carbohydrates suitable to withstand long trips, and at any temperature.

Taking this first part of our preparation phase very seriously will be vital, since a segment full of rich knowledge transmitted by many generations over time, and that has managed to keep many of those who have acquired it alive to this day, today in Amazonia and that will also undoubtedly allow us all to stay alive during our prolonged isolation in the days to come. Without obtaining these previously prepared cereals and carbohydrates, we would not provide the necessary combination and nutritional support to our daily diets with the meats and fish obtained during our hunting and fishing trips.

It is also important to emphasize that all the effort and dedication that each participant puts in during the group preparation of all our inputs will be reflected in the results of the rations obtained at the end. However, it is also important to understand that everything produced by our own bare hands will be carried on our own shoulders until the end of our expedition.

Now, the second part of our intense preparation phase will focus on putting together a completely native basic first aid kit, all obtained entirely from Mother Nature. We will begin with a meticulous search, collection, preparation and training in the use of a very small and selective group of extremely essential and effective natural medicines, of which some of them are only administered correctly and safely with prior training given by those who have an extensive knowledge of its use, effects, and benefits, and not only within the physical and spiritual field of indigenous wisdom, but also within the field of scientific research.

Typically, this first phase can last up to a week or more, and requires hard work and teamwork. For this reason and thinking about the participants who have a limited amount of time to carry out this very extensive, educational and complex expedition of ours ranging from 10 to 25 days, our team will go ahead and start with the advancement of half of this entire preparation process with most of our supplies and tools already acquired and prepared, approximately 3 to 4 days prior to Day 1. Only then we'll be able to completely finish the remaining work required by this entire survival preparation phase process when the participants arrive. Obviously, on expeditions of more than 25 days, a more extensive, rich, complete, and detailed workshop of the multiple activities that our preparation phase entails can be demonstrated.

The second phase of our Survival Expedition is called **"Training Phase"**, here the focus will be on the construction and training of and with different weapons, artifacts and primitive utensils made with materials obtained from nature itself. In the same way, during this phase our team will focus on demonstrating and giving instruction in obtaining fire until each participant acquires a good foundation and ability to take with them to our next phase called Isolation Phase, that is what this interesting phase will be all about.

Finally, our last phase, the **"Isolation Phase"**, where the most anticipated begins, the part for which we have all been preparing for, and training for. The moment of truth where we will shoulder all our provisions, weapons, gear, etc, together with what we have learned to begin the disconnection of a lifetime, and with the sole purpose of staying alive, by hunting, fishing, and crossing the primary pristine jungle of the Amazon rainforest enjoying its endless beauty and complexity.

How long?... Again, it will depend on many factors such as; the number of days of the requestor (10 Days or More), weather conditions, water levels of (main rivers, tributaries, streams, creeks, swamps), the mental and physical capabilities of each participant, teamwork, etc. This is why we advertise all our adventures, crossings, and training events as **EXPEDITIONS and NOT TOURS.**

The rough outlines we provide for complex natural environments such as the Amazon Rainforest cannot simply be assigned with a detailed itinerary as for Conventional type Tours offered in Zoos or Amusement Parks. The best thing we can do is list all the most realistic, existing, and available jungle activities/events that we have and can carry out during our expeditions, then focus on the most essential and required ones, always considering our availability of time.

WE WANT EVERY VISITOR TO HAVE SOMETHING VERY CLEAR FROM THE BEGINNING. THAT, IN NO WAY, SHAPE, OR FORM, WE ARE, NOR WILL WE SEEK TO COMPETE, COMPARE, MINIMIZE, OR MAKE OURSELVES FEEL SUPERIOR IN ANY GENERAL SURVIVAL KNOWLEDGE. OUR ONLY PURPOSE IS TO SHOW THOSE WHO DECIDE TO JOIN US, HOW A GENUINE INDIGENOUS AMAZONIAN INDIVIDUAL OR GROUP SURVIVES IN ITS HABITAT USING ONLY WHAT IS AVAILABLE AROUND, NOTHING ELSE, AND NOTHING MORE. THEREFORE, WE ARE NOT A CERTIFYING OFFICIAL SURVIVAL SCHOOL THAT WAS AT NO TIME OR POINT IN LIFE CERTIFIED BY ANYONE CLAIMING TO BE OF HIGHER EDUCATIONAL OFFICIAL APPROVAL AUTHORITY, BUT BY OUR OWN LOCAL AND ANCESTRAL LIFESTYLE CARRIED FROM GENERATIONS.

OUR SURVIVAL PHILOSOPHY

Wilderness survival skills cannot be taught in a normal classroom, nor in a prefabricated setting, nor even on a piece of land that has no real connection to the wilderness. Can all this contribute something? Yes, but it will only serve to prepare you temporarily, since it will be a preparation that will only maintain your subsistence for a limited time until you die or are rescued.

We, in addition to teaching you Wilderness Survival Skills with all the elements found in the Amazon, our priority and focus will first be to provide you our best effort you feel as integrated as possible with our Wilderness Nomadic Living Lifestyle, and here is where the survival mindset changes drastically, because by making you feel part of the environment that surrounds you, just as a native of the area does living in complete and unconditional harmony with nature, It will take time and dedication to awaken your senses and make you feel more comfortable in the wilderness no doubt, but once you feel adapted, you will simply manage to evolve by navigating and surviving instinctively, nothing different from what happens to us in every city we choose to move to for the first time.

AMAZON TERRITORIES TO BE EXPLORED:

The Ampiyacu-Apayacu Regional Conservation Area (ACRAA) is a protected area in Peru. It covers an area of 434,129.54 hectares in the provinces of Maynas and Ramón Castilla, in the Loreto region.

The path towards the designation of the Ampiyacu-Apayacu zone, in the provinces of Maynas and Ramón Castilla, in Loreto, as an area of Regional Conservation (ACR) has been long and intense. It started in 1998, when the population of the area, composed mainly of Boras, Huitotos, Ocainas, and Yaguas gave the alert about the conservation of their forests before the entrance to the area of a mining company.

Starting in 1998, work began on preserving this area. According to the National Service of Natural Areas Protected by the State (Sernanp), which named the area as ACR on December 23, 2010, it is one of the most biodiverse areas in terms of plant species in the world: it is home to 1,500 types of plants. In addition, in this ecosystem, there are 207 species of fish, 64 amphibians, 40 reptiles, 362 birds, and 60 mammals.

Another important feature of this new ACR is that the upper parts of the Ampiyacu and Apayacu basins are a permanent source of water to maintain the habitat of aquatic fauna, which constitutes the main source of food resources for the 16 native communities settled in its basins.

The Yaguas National Park (YNP) was created on January 11, 2018, and is located in the Loreto Region of Peru near the border with Colombia. It covers an area of 8,689 km² (2,147,100 acres) of tropical forest. Along with Río Puré, Cahuinarí, and Amacayacu National Park in Colombia, as well as the Regional Conservation Areas Majjuna Kichwa and Ampiyacu Apayacu in Peru, it is part of a huge biological corridor.

There are approximately 600 species of birds, 150 species of mammals, 110 species of amphibians, and 100 species of reptiles in the national park, such as brown woolly monkey, anteater, South American tapir, giant otter, Amazonian manatee, Amazon river dolphin, caiman, and yellow-footed tortoise. More than 300 species of fish are also found in the park, among them fish that cross the forest not swimming or floating down a river, feeding on fruits and living in branches, and Arapaima gigas, the largest freshwater fish in the world.

More than 3,500 species of plants abound in the park, among them Hura Crepitans, Cedrelinga Catenaeformis, Simarouba amara, Macrolobium Acaciaefolium, and Ceiba Pentandra.

ETHNIC GROUPS IN THESE TERRITORIES:

The Bora Ethnic Group is an indigenous tribe of the Peruvian, Colombian, and Brazilian Amazon, located between the Putumayo and Napo rivers. The Bora speak a Hitotan language and comprise approximately 2,000 people. In the last forty years, they have become largely settled people living mostly in permanent forest settlements. In the animist Bora worldview, there is no distinction between the physical and spiritual worlds and spirits are present throughout the world. Bora families practice exogamy. The Bora has an elaborate knowledge of the plant life of the surrounding rainforest. Like other indigenous peoples of the Peruvian Amazon, such as the Urarina plants, especially trees, hold a complex and important interest for the Bora. The Bora have guarded their lands against both indigenous foes and outsider colonials. Around the time of the 20th century, the rubber boom had a devastating impact on the Boras. A book that recorded the mistreatment of the Boras during that period is "The Putumayo; The Devil's Paradise" published in 1912 and written by W.E. Hardenburg. Illegal logging practices currently threaten the tribe's ancestral lands. The Bora has no indigenous reserves.

The Huitoto Ethnic Group once comprised 100 villages or 31 tribes, but disease and conflict have reduced their numbers. In the early 20th century, the Witoto population was 50,000. The rubber boom in the mid-20th century brought diseases and displacement to the Witotos, causing their numbers to plummet to 7,000-10,000. Since the 1990s, cattle ranchers have invaded Witoto lands, depleted the soil, and polluted the waterways. In response to the incursions, some governments established several reservations for Witotos, one almost remote one is located at the Ampiyacu not too far from the Bora Indigenous tribe. Huitoto people practice swidden or slash-and-burn agriculture. To prevent depleting the land, they relocate their fields every few years. Major crops include cacao, coca, maize, bitter and sweet manioc, bananas, mangoes, palms, peanuts, pineapples, plantains, sugar cane, sweet potatoes, tobacco, and yams. Ethnobotanists have studied Witoto agriculture due to its efficiency and sustainability. Huitoto men hunt with blowguns and shotguns.

The Ocaina Ethnic Group is an ethnic group of the Amazon that inhabits the banks of the Yaguasyacu, Ampiyacu, jamayacù, Putumayo, and Algodon rivers (in Peru); Although they are known as Ocaina, they call themselves Dyo'xaiya or Ivo'tsa. Ocaina language is found within the Huitoto linguistic family. Bora-witotoque language family includes the ocainas, nonuñas, huitotos, muninanes and bora-mirañas, among others. The Ocainas share history and many cultural characteristics with the Huitotos, Resígaros, and Andoques. These groups inhabited the southern tip of Colombia and were brought to Peruvian territory by the bosses during the Amazon rubber boom. The violence inflicted by the bosses descended their population and they are currently in the process of assimilation into the Huitotos.

The Yaguas Ethnic Group estimated that some 6,000 Yagua are living in north-eastern Peru and southern Colombia, in 30 communities along the Amazon, Napo, Putumayo, and Yavari rivers, and their tributaries. This makes it one of the larger indigenous communities in Amazonia, and this is reflected in the name of the recently-created Yaguas National Park in the Department of Loreto. Currently, the Yagua live in some 30 communities scattered throughout a section of the Peruvian and Colombian Amazon basin which can roughly be described as a rectangle 200 miles wide and 350 miles long (70,000 sq. miles) extending southward from the second to the fifth parallel and westward from the 70th to the 75th meridian west.

IMPORTANT NOTES:

- **Booking in Advance is Highly Recommended;** for the collection of personal information, request authorization of entry to indigenous territories at all levels (national, regional, and communal authorities), logistic preparation, personnel assignment, etc.
- **Arrival and Departure Recommendation to and from Iquitos;** 1 day before and 1 day after your trip.
- **Rucksack Size and Weight Recommendations;** 55-65 liters and 10 kilos or less approx.
- **For Packing List Recommendations;** visit our [What to Pack](#) page.
- **Be in Decent Physical Condition;** as you will be responsible for carrying your own gear at all times.
- **In the case a Ayahuasca Master Shaman is Requested;** Travelers are highly advised to visit our next link "[Master Plants Diet Info](#)".
- All activities are subject to change due to weather conditions at any time of the year. The main rivers and the levels of the tributaries can vary and, therefore, the navigation times and the excursions may be modified at the discretion of your Lead Guide.
- **For Additional Information;** visit our [Frequently Asked Questions](#) page.
- **For Other Questions/Concerns or to Proceed with Reservations;** contact us via WhatsApp. at +51 999 116 499.

ROUGH OUTLINE:

■ Arrival Day in Iquitos

- Transportation from Iquitos Airport to Hotel.

■ Day 0 (Travel to a Riverine Town)

14:00 Transportation service from Hotel to the Office.

- Final gear adjustment, and safety brief.
- Lunch in the office before departure.

15:30 Departure from the Office to the Iquitos River Port.

17:00-19:00 Navigation starts on the Amazon River to 1st Disembarkation Destination (about 200 km or 124 mi).

11:00-04:00 Arrival at 1st Disembarkation Destination (River Port).

- Meet with other members of our team.

■ Day 1

00:00-04:00 River navigation starts again to 2nd Disembarkation Destination (about 25 km or 15.5 mi)

- Hiking through the jungle until we reach our Base Camp.
- Breakfast with the team.
- Formal Introduction of the team and briefing about upcoming activities based on its total duration (10 to 90 Days).

■ WHAT TO EXPECT DURING OUR SURVIVAL PREPARATION AND TRAINING PHASES (3 TO 15 DAYS APPROX.)

How Much We Prepare and Train During These Two Overlapping Phases Will be Crucial and of Great Importance for Our Final Isolation Phase. At the Same Time, How Many and Which of the Activities We Decide to Perform Will Be Simply Determined Based On Available Time/Length of the Expedition.

DURING PREPARATION PHASE:

- **LandWork On Traditional Wild Foods** - Cultivation of land fields, harvest of inputs, re-cultivation, and elaboration/transformation of the same into long-lasting consumable products (grains, carbohydrates, and drinks) suitable to withstand long trips and high temperatures.
- **Workshop On Traditional Master Plants that does not require a Shaman** - Search, identification, extraction, and preparation of the following:
 - **Mambe** - made from coca leaves and cecropia leaves used to elevate body temperature, energy, and for hunger.
 - **Ampiri** - a residue obtained from the combustion of tobacco combined with native jungle salt, which can be used for various purposes, including healing rituals, meditation, and spiritual exploration, also used topically on wounds to kill insect larvae, used to treat myiasis, and even used to treat snake bites.
 - **Sapo/Kambo** - better known by some Amazonian ethnic groups as the "Jungle Vaccine" used for many medicinal purposes, such as yellow fever, malaria, snake bites, intestinal cleansing, detoxification of kidneys, liver, pancreas, chronic pain, and more. All these magical and healing benefits obtained by the Phyllomedusa Bicolor frog come mainly from its powerful combined cocktail of multiple bioactive peptides found in its secretion, which therefore function more as a "Super Supplement" and receptor

messenger, than as a detoxifier. Once entered into the human body, its main action is to restore the optimal functioning of the cells, awakening them and reminding them of the function they have by nature in the organism.

Nunu/Rapé/Snuff - another Amazonian sacred medicine. Rapé is used for a variety of purposes, including spiritual cleansing, grounding, and centering. The indigenous peoples believe that the powerful effects can help to clear negative energy, release emotional blockages, and promote a sense of clarity and focus. It is also used in traditional medicine for a range of physical ailments, such as headaches, respiratory problems, and digestive issues. The ingredients used to make rapé can vary depending on the specific tribe or community making it, as well as the intended purpose of the snuff. However, some of the most common ingredients include tobacco leaves, several tree bark, ashes, and medicinal plants such as mint, cinnamon, and eucalyptus.

- **Workshop On Other Traditional Medicinal Plants for the Implementation Native First aid Kit-** Search, identification, extraction, preparation, and use of wild medicinal plants of common use by local such as:
Piripiri leaves (Cyperus articulatus) - for Venomous snakebite
Curarina Bark (Potalia amara) - for Venomous insects.
Sanango Root (Sanango durum) - for Fever.
Pichirina Sap (Vismia angusta) - as a Disinfectant
Inside Fiber Bark of Machimango (Ceiba species) - as Field Dressing.
Oje sap (Ficus anthelmintica) - as an Antiparasitic.
Hierba Luisa leaves/lemon grass (Cymbopogon citratus) - For Dysentery or Gastrointestinal Distress.

DURING PREPARATION PHASE:

- **Workshop On Primitive Hunting and Fishing Weapons and Tools** - Search, identification, extraction, preparation, and training of and with bows, arrows, fishing poles, fishing hooks, fishing strings, blowguns, spears, darts, and slingshots.
- **Workshop On Primitive Traps, Artifacts, and Utensils** - Construction of different animal traps, natural shelters, eating and service utensils. The making of natural rope for general use, tree climbing, identification of firewood, search, and extraction of natural jungle materials to construct artifacts to generate fire by friction.
- Diurnal and Nocturnal Exploration of the Area.
- Overnight stays in the middle of the jungle at our Jungle Survival Training Center.

WHAT TO EXPECT DURING OUR SURVIVAL ISOLATION PHASE (7 TO 75 DAYS APPROX.)

The Vast Exploration, Crossing, and Survival Escape Within Both the Ampiyacu-Apayacu and the Yaguas Territories will Be the Main Focus of This Last Phase. How Much We Explore, Do, and Enjoin Them, and Also How Far We Reach the Depths of their Jungles, Again Will Depend and Be Adjusted Based on the Available Time/Length of the Expedition..

- Expect complete jungle isolation without contact with the outside world.
- Uncomfortable nights in the middle of the Amazon.
- Hikes through the unexplored Amazon jungle territories.
- Physical and mental stress.
- Challenges and unexpected encounters.
- Survival in complete isolation with just nature as our own and unique companion.
- Hikes and many other activities with inclement weather and on different difficult jungle terrain.
- Crossing of rivers, streams, and swamps.
- Continue hiking when navigation by water is not possible.
- Build floating devices when hiking is not possible (logs, canoes, and rafts).
- Hike for several hours, days, and weeks to achieve destinations.
- Build your own animal traps to catch food.
- Fix your own primitive strings and hooks to fish.
- Hunt what's necessary for your own survival.
- Find your own drinkable water from natural sources (vines, underground, etc.)

- Find the best wood to build a fire when needed.
- Find the best tree barks to make strong natural rope for multiple purposes.
- Build your own primitive shelters at ground and tree level.
- Identify animal footprints and tracks.
- Fix and cook what you catch after every fishing and hunting event.
- Use all the natural resources the best you can to your own advantage.
- **(Additional Service Upon Request)** Grandfather and Master of Master Plants with Master Shamans - Search, extraction, preparation, ceremonies, and consumption of Ayahuasca The Last 3 - 5 Days of the Expedition.
- Nomadic overnight stays in different parts of the jungle during the entire expedition.

■ FINAL DAY

- Return to Base Camp.

13:00 Motorboat Back to River Port Town.

14:00 Dinner, hanging around town, and standby at the river port until our boat ride arrives.

■ DAY 0 (TRAVEL DAY BACK FROM JUNGLE TOWN)

15:00-00:00 River Navigation back to Iquitos starts.

11:00-16:00 Arrival at Iquitos River Port.

- Transfer to Hotel/Airport.

WHAT'S INCLUDED:

- Airport Pick Up and Drop Off Transportation.
- Hotel/hostel search assistance upon arrival to Iquitos (if needed).
- Fluvial transportation service to/from remote destinations (speed & slow boats).
- Entry permits to indigenous territories.
- Economic support to villages nearby.
- **First Responders Wilderness Kit for Emergencies.**
- **Satellite/GPS Communication Devices with 24/7 SOS Coverage and Live Locators.**
- Daily meals provided during the expedition (based on traditional local food only).
- Filtered water during the expedition.
- Lead Guide/Translator (English-Spanish).
- Native Assistant Guides/Translators (Spanish - Any Local Indigenous Language).
- **Amazon Survival Certificate of Completion.**
- Gear (mosquito net, sleeping mat, blanket, and machete).

WHAT'S NOT INCLUDED:

- Airfare to and from Iquitos.
- Personal Travel Insurance.
- Hotel in Iquitos.



AMAZON EXPEDITIONERS

Departures & Arrivals Meeting Point

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Amazon Survival Training Center

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